

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

9:45- Friendly Visits (Cedar) 1
9:45 Hymn Sing -Aspen
11:00 Holy Rosary -Chapel
2:30 General Program: Left, Right, Center (Pine AR)
6:15 Christmas Sing Along with Bible Reading-Aspen
7:15 General Program: Christmas Sing Along with Bible Reading - Lobby

9:30 Strength and Seated Balance -Linden 2
9:30 Strength and Cardio -Cedar
2:00- Fun and Fitness (Aspen)
2:15: General Program: Christmas Hangman! (Main Lobby)
6:30 Outing: Christmas Lights Tour (sign up required)

9:30 Cardio and Strength -Maple 3
9:30 Fun and Fitness- Birch
9:30 Cardio and Strength- Pine
10:00 M&M Music Group -Birch
10:15 Rise & Shine Bingo -Rec Rm-
1:30 Small Group Music Therapy - (Aspen)
2:00 Anglican Church -Chapel
2:30 Mrs. Greggor & Friends Holiday Tea Social -Pine AR
2:45 Crystal Tones Bell Choir Rehearsal - (Linden)
6:45: General Program - Girl Guides (Main Lobby)

Red and Green Day! 4
9:30 Strength and Seated Balance- Pine
9:30 Strength and Seated Balance- Cedar
10:00-11:00 Coffee Café -Atrium
10:15 Fun and Fitness- Birch
2:00- Art with Marlene (Pine Activity Room)
2:15 Euchre Game (Birch Lounge)
6:00 Entertainment Miro Letko Cedar
7:00 Entertainment Miro Letko Lobby

9:30 Fun and Fitness- Maple 5
9:30 Stretch and Strength- Pine
10:30 Music Interludes with Les Zaiser -Aspen
2:00 General Program:
2:00 Fun and Fitness- Aspen
6:00 Therapeutic Paws Pet Therapy Visits -All Units
6:30: General Program - No Money Bingo! (Pine AR)

9:30 Stretch and Strength-Linden 6
9:30 Stretch and Strength- Cedar
11:00 Roman Catholic Mass - Chapel
7:00 Happy Hour with Allan- Lobby

2:00 Resident and Family Christmas Party with Linda Wells Duo -Auditorium
2:00 Resident and Family Christmas Party Frank Wilks - Aspen
6:30: Movie Night: The Christmas Chronicles! (Birch Lounge)

9:45 Christmas Movies-Cedar 8
9:45 Hymn Sing -Aspen
11:00 Holy Rosary -Chapel
2:30 General Program: Saint Andrews Carol Sing- Lobby
6:15- Hymn Sing (Aspen)
7:15 General Program: Hymn Sing & Prayers! (Main Lobby)

9:30 Strength and Seated Balance -Linden 9
9:30 Strength and Cardio - Cedar
10:00-11:00 Coffee Café - Atrium
2:00- Fun and Fitness (Aspen)
6:15: 1:1 Bedside Visits -Cedar
7:15 General Program: Eggnog & Christmas Sing Along Lobby

9:30 Fun and Fitness- Birch 10
9:30 Cardio and Strength- Pine
10:00 M&M Music Group -Birch
10:00-11:00 Coffee Café -Atrium
10:15 Rise & Shine Bingo -Rec Rm
1:30 Small Group Music Therapy - (Aspen)
2:45 Crystal Tones Bell Choir "Christmas Bells" Concert- (Linden)
6:15: General Program: Christmas Carols & Hot Cocoa! (Main Lobby)
7:00 Family Council Meeting 3rd Floor Board Room (All Families Welcome)
7:30: 1:1 Friendly Visits (Aspen/Cedar)

9:30 Strength and Seated Balance- Pine 11
9:30 Strength and Seated Balance- Cedar
10:00-11:00 Coffee Café -Atrium
10:15 Fun and Fitness- Birch
2:00- Art with Marlene (Pine Activity Room)
2:15 Euchre Game (Birch Lounge)
6:00 Entertainment Joe Rankin - Aspen
7:00 Entertainment Joe Rankin - Lobby

Ugly Christmas Sweater Day! 12
9:30 Fun and Fitness- Maple
9:30 Stretch and Strength- Pine
10:00-11:00 Coffee Café -Atrium
10:30 Dashing Through The Halls with Ugly Christmas Sweaters (All)
2:00 Fun and Fitness- Aspen
6:00 Therapeutic Paws Pet Therapy Visits -All Units
6:15 1:1 Snoezelen Cart Cedar
7:15 General Program: Finish The Sentence

9:30 Stretch and Strength- Linden 13
9:30 Stretch and Strength- Cedar
10:00-11:00 Coffee Café - Atrium
10:00- Bible Study - Chapel
1:30: General Program - Christmas Baking: Sugar Cookies! (Pine Kitchen)
7:00 Happy Hour with Mark

10:30- General Program: Building Ginger Bread Houses (Pine AR)
2:30 General Program: Egg Nog and Candy Cane Social (Pine AR)
6:15 Christmas Read Out Loud -Aspen
7:00 General Program: Apple Cider with Christmas Poem Reading - Lobby

9:45 General Program: Christmas Caroling (Pine AR) 15
9:45 Hymn Sing -Aspen
11:00 Holy Rosary -Chapel
2:30 General Program: Faith Family Church Sing Along Pine AR
6:15 Chicken Soup For the Holiday Day Soul Reading- Cedar
7:15 General Program: Christmas Carol sing with Bible Reading - Lobby

9:30 Strength and Seated Balance -Linden 16
9:30 Strength and Cardio -Cedar
10:00-11:00 Coffee Café -Atrium
2:00- Fun and Fitness (Aspen)
2:15: General Program: Christmas Hangman! (Main Lobby)
6:15: Movie Night - The Grinch! (Birch Lounge)

9:30 Cardio and Strength -Maple 17
9:30 Fun and Fitness- Birch
9:30 Cardio and Strength- Pine
10:00 M&M Music Group -Birch-Jen
10:00-11:00 Coffee Café -Atrium
10:00 Highbush Public School Christmas Concert -Auditorium
1:30 Small Group Music Therapy -Aspen
2:00 Anglican Church -Chapel
2:15 General Program: Making Ornaments (Pine AR) Hailey, Jen, Kelly M
2:45 Crystal Tones Bell Choir Rehearsal - (Linden)
6:15 General Program: Word Pyramid Lobby
7:15 Classical Short Christmas Stories (Cedar)

Wear Christmas Onesie Day! 18
9:30 Strength and Seated Balance- Pine
9:30 Strength and Seated Balance-Cedar
10:00-11:00 Coffee Café -Atrium
10:15 Fun and Fitness- Birch
10:30 Resident Council Meeting -Pine AR
2:00 General Program: Movie- It's A Wonderful Life" (Linden Lounge) Jen and Kelly A
2:00- Art with Marlene (Pine Activity Room)
6:00 Entertainment Vincent Soars- Cedar
7:00 Entertainment Vincent Soars- Lobby

9:30 Fun and Fitness- Maple 19
9:30 Stretch and Strength- Pine
10:00-11:00 Coffee Café -Atrium
10:30 Music with Michelle White Lobby
1:30: General Program: Christmas Craft - Making Snow Men! (Pine AR)
2:00 Fun and Fitness- Aspen
6:00 Therapeutic Paws Pet Therapy Visits -All Units
6:30 - General Program: No Money Bingo! (Pine AR)

9:30 Stretch and Strength-Linden 20
9:30 Stretch and Strength- Cedar
10:00-11:00 Coffee Café -Atrium
11:00 Eucharistic Service - Chapel Jen and Alison
11:00 Outing: Swiss Chalet Lunch (sign up and cost required) Kelly M and Kayla
7:00 Happy Hour with David Wildsmith -Lobby

10:30- General Program: Couples of Christ Church Christmas Caroling -Lobby Jen/Hailey
2:15 Christmas Stories and Eggnog-Aspen-Jen
2:30 General Program: Christmas Bowling- Lobby
6:30: Movie Night - Christmas with the Kruskals-Birch

9:45 Morning Movie Matinee-Cedar 22
9:45 Friendly Visits -Aspen
11:00 Holy Rosary -Chapel
2:30 General Program: Merry Men's Group- Pine AR
6:15 - Hymn Sing (Aspen)
7:15 General Program: Christmas Songs & Prayers w/ Hot Cocoa! (Main Lobby)

9:30 Strength and Seated Balance -Linden 23
9:30 Strength and Cardio -Cedar
10:00-11:00 Coffee Café -Atrium
2:00- Fun and Fitness (Aspen)
6:15: Christmas Sing Along Aspen
7:15 General Program: Christmas Laughter with Treats Lobby
First Day of Hanukkah

9:30 Cardio and Strength - Maple 24
9:30 Fun and Fitness- Birch
9:30 Cardio and Strength- Pine
10:00-11:00 Coffee Café - Atrium
10:15 Rise & Shine Bingo -Rec Rm
6:00 Entertainment Dan Walek - Aspen
7:00 Entertainment Dan Walek -

Delivering Resident Christmas Presents All Day! 25

Christmas

10:00-11:00 Coffee Café -Atrium 26
10:00 General Program: Book Club (Pine AR)
2:15 Euchre Game (Birch Lounge)
2:30 General Program: Manicures (Lobby)
2:00 Fun and Fitness- Aspen
6:00 Therapeutic Paws Pet Therapy Visits -All Units
6:15 Christmas Trivia -Aspen
6:45 - General Program: Brain Teasers Lobby
Kwanzaa Begins

9:30 Stretch and Strength-Linden 27
9:30 Stretch and Strength- Cedar
10:00-11:00 Coffee Café -Atrium
10:00- Bible Study - Chapel
1:00 Travelling Manicures All Units
2:00: General Program - 2019 Hangman! (Main Lobby)
2:30 Unscramble Words Holiday Theme Lobby
7:00 Happy Hour with Dilpreet Arneja -Lobby

10:00 Friendly Visits-Cedar 28
10:00 Bean Bag Toss -Aspen
10:30- General Program: Colouring Pages
2:00 General Program: Pick Your Topic Reminisce Lobby
2:15 Walk About Aspen
6:15 Gentle Hand Massage - Aspen
7:00 General Program: 1960's Era Juke Box Music - Lobby

9:45 Friendly Visits -Cedar 29
9:45 Hymn Sing -Aspen
11:00 Holy Rosary -Chapel
2:30 Afternoon Treat Trolley All Units
2:30 General Program: Left, Right, Center (Pine AR)

9:30 Strength and Seated Balance -Linden 30
9:30 Strength and Cardio -Cedar
10:30 Birthday Party with Joe Zambri Lobby
10:00-11:00 Coffee Café -Atrium
2:00- Fun and Fitness (Aspen)
2:15: General Program: Colouring Pages! (Pine AR)
6:30: Movie Night - Classic Christmas Cartoons! (Birch Lounge)

9:30 Cardio and Strength - Maple 31
9:30 Fun and Fitness- Birch
9:30 Cardio and Strength- Pine
10:00-11:00 Coffee Café - Atrium
10:15 Rise & Shine Bingo -Rec Rm
7:00 New Year's Eve Bash with Les Zaiser -Lobby
New Year's Eve

December 2019
Celebrating with Family and Friends