

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1
11:00 **Holy Rosary**
In the Chapel

2
9:15 **Physio Exercise**
Recreation Room
9:50 **Physio Exercises**
Victoria Harbour Lounge
10:30 **Outing to Walmart**
Sign Up Required
1:15 **Scrabble**
Ottawa Lounge

3
9:15 **Physio Exercise**
Recreation Room
9:50 **Physio Exercises**
Victoria Harbour Lounge
10:30 **Round Robin Stories**
Victoria Lounge
2:00 **Anglican Church Service**
In the Chapel
2:00 **Bingo**
Victoria Lounge
3:00 **Balloon Badminton**
Ottawa Lounge
6: 45 **Caroling with Girl Guides**
Lobby

4
9:45 **Coffee and Donuts**
Ottawa Lounge
10:00 **Residence General Meeting**
Ottawa Lounge
1:30 **Euchre**
Ottawa Lounge
2:00 **Snow Day Party**
Victoria Lounge
3:00 **Hand Therapy**
Ottawa Tea Room
7:00 **Entertainment in the Lobby**

5
9:15 **Physio Exercise**
Recreation Room
9:50 **Physio Exercises**
Victoria Harbour Lounge
2:00 **Adult Colouring**
Victoria Harbour Lounge
4:00 **Christmas Light Tour**
Sign Up Required

6
9:15 **Physio Exercise**
Recreation Room
9:50 **Physio Exercises**
Victoria Harbour Lounge
2:00 **Movie afternoon**
7:00 **Happy Hour in the Lobby**

7
6:30 **JB Hour**
Ottawa Lounge

8
11:00 **Holy Rosary**
In the Chapel
2:00 **Family Christmas Party**
Auditorium

9
9:15 **Physio Exercise**
Recreation Room
9:50 **Physio Exercises**
Victoria Harbour Lounge
1:15 **Scrabble**
Ottawa Lounge
3:00 **Snowball Crafts**
Ottawa Lounge

10
9:15 **Physio Exercise**
Recreation Room
9:50 **Physio Exercises**
Victoria Harbour Lounge
10:30 **Board Game Hour**
Ottawa Lounge
2:00 **Bingo**
Victoria Lounge
3:00 **Balloon Badminton**
Ottawa Lounge

11
10:00 **Yoga with Vana**
Ottawa Lounge
10:15 **Fun and Flexing**
Victoria Harbour Lounge
1:30 **Euchre**
Ottawa Lounge
3:00 **Hand Therapy**
Ottawa Tea Room
7:00 **Entertainment in the Lobby**

12
9:15 **Physio Exercise**
Recreation Room
9:50 **Physio Exercises**
Victoria Harbour Lounge
10:30 **Making Memories**
Victoria Harbour Lounge
2:00 **Adult Colouring**
Victoria Harbour Lounge
3:00 **Christmas Fun**
Ottawa Lounge

13
9:15 **Physio Exercise**
Recreation Room
9:50 **Physio Exercises**
Victoria Harbour Lounge
2:00 **Movie afternoon**
7:00 **Happy Hour in the Lobby**

14
7:00 **Saturday Night Sing Along**
Victoria Lounge

15
11:00 **Holy Rosary**
In the Chapel

16
9:15 **Physio Exercise**
Recreation Room
9:50 **Physio Exercises**
Victoria Harbour Lounge
1:15 **Scrabble**
Ottawa Lounge

17
9:15 **Physio Exercise**
Recreation Room
9:50 **Physio Exercises**
Victoria Harbour Lounge
10:00 **High Bush P.S. Christmas Caroling**
In the Auditorium
2:00 **Anglican Church Service**
In the Chapel
2:00 **Bingo**
Victoria Lounge
3:00 **Balloon Badminton**
Ottawa Lounge

18
10:00 **Yoga with Vana**
Ottawa Lounge
10:15 **Fun and Flexing**
Victoria Harbour Lounge
1:30 **Euchre**
Ottawa Lounge
3:00 **Hand Therapy**
Ottawa Tea Room
7:00 **Entertainment in the Lobby**

19
9:15 **Physio Exercise**
Recreation Room
9:50 **Physio Exercises**
Victoria Harbour Lounge
2:00 **Adult Colouring**
Victoria Harbour Lounge

20
9:15 **Physio Exercise**
Recreation Room
9:50 **Physio Exercises**
Victoria Harbour Lounge
2:00 **December Birthday Celebration**
Recreation Room
7:00 **Happy Hour in the Lobby**

21
10:30 **Christ Christmas Caroling**
In the Lobby
6:30 **JB Hour**
Ottawa Lounge


Winter Begins

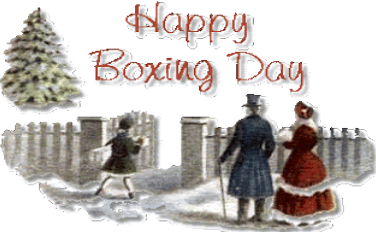
22
11:00 **Holy Rosary**
In the Chapel

23
10:00 **Fun and Flexing**
Victoria Lounge
1:15 **Scrabble**
Ottawa Lounge
2:00 **Rum and Egg Nog Social**
3:00 **Twas the Night Before Christmas**
Victoria Lounge
First Day of Hanukkah

24

7:00 **Entertainment In The Lobby**

25
Merry Christmas

Christmas

26
Boxing Day

Kwanzaa Begins

27
10:00 **Fun and Flexing**
Victoria Harbour Lounge
2:00 **New Year's Resolutions**
Victoria Lounge
7:00 **Happy Hour in the Lobby**

28
7:00 **Saturday Night Sing Along**
Victoria Lounge

29
11:00 **Holy Rosary**
In the Chapel

30
9:15 **Physio Exercise**
Recreation Room
9:50 **Physio Exercises**
Victoria Harbour Lounge
1:15 **Scrabble**
Ottawa Lounge

31
9:15 **Physio Exercise**
Recreation Room
9:50 **Physio Exercises**
Victoria Harbour Lounge
6:00 **New Years Eve Party**
Victoria Lounge

New Year's Eve

December 2019

Maybe Christmas, he thought, doesn't come from a store. Maybe...perhaps...it means a little bit more. - The Grinch (Dr.Seus)